

CORONAVIRUS (COVID-19)

# WHAT TO DO IF YOU MAY HAVE THE VIRUS



Royal Flying Doctor Service

If you suspect you have contracted COVID-19 and live in an area that is serviced by the RFDS, contact us for remote consultation and advice.

## STAY HOME

IF YOU ARE  
UNWELL



## CALL THE RFDS, GP OR LOCAL CLINIC

WITH DETAILS OF  
YOUR SYMPTOMS



## DRINK PLENTY OF FLUIDS



## GET PLENTY OF SLEEP



## GET MEDICAL ASSISTANCE

IF YOU HAVE  
SHORTNESS  
OF BREATH



All infectious diseases can be controlled. Coronavirus is no exception. Follow advised hygiene and social distancing protocols and help stop this virus.

> FOR MORE INFORMATION GO TO  
[www.flyingdoctor.org.au](http://www.flyingdoctor.org.au) or [www.health.gov.au](http://www.health.gov.au)

